

Saving Water Advice

In the Kitchen.....



The kitchen (including laundry) is a major consumer of water in the home, using around 25-30% of total household water consumption for cooking, cleaning and drinking.

Dishwasher



- * The dishwasher is the highest consumer of water in the kitchen. Installing a water efficient model will save you water.
- * Only use the dishwasher when you have a full load—half loads are neither water, nor energy efficient.
- * Use short cycles for all but the dirtiest dishes. Also, open the dishwasher door once the cycle has finished—this will dry the dishes without using energy.

Handwashing

- * Use a plugged sink or bowl of water—this saves running the tap continuously
- * When washing dishes by hand, try not to rinse them under a running tap. If you have two sinks, fill the second one with rinsing water.
- * Use washing up liquid sparingly as this will reduce the amount of rinsing required when washing dishes by hand.



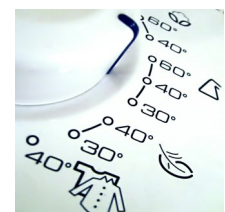
Food/Drink



- * When boiling vegetables, use enough water to cover them and keep the lid on the saucepan. Your vegetables will boil quicker and it will save you water and power.
- * Don't use running water to defrost frozen food, place food in the fridge to defrost overnight.

Washing machine

- * Wash with a full load and you'll save 10 litres of water each wash.
- * Buy a more water-efficient washing machine and adjust the water level to suit the size of the wash load. Some new water-efficient models will do this automatically.



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